Free Crochet Pattern Unicorn Sleeping Mask

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If you often have difficulty falling asleep and need total darkness, then this sleeping mask is perfect for you – and as an added bonus, you will also look super cute while sleeping. I designed this sleeping mask for my daughter, who has ADHD and therefore has trouble sleeping due to all her thoughts and impulses running wild around bedtime. Wearing the mask shuts off the many sensory impressions that you get through sight.

Measurements

The mask measures 16cm × 11cm and covers the entire eye area.

Tools

- [Crochet hook](#) size 2,5 mm
- [Darning needle for marking, embroidering, and assembly](#)
- [Scissors](#)

Yarn Consumption

1 skein of each of the following:
- [Infinity Hearts Rose 8/4 Yarn Unicolour 02 White](#)
- [Infinity Hearts Rose 8/4 Yarn Unicolour 01 Black](#)
- [Infinity Hearts Rose 8/4 Yarn Unicolour 160 Light Green](#)
- [Infinity Hearts Rose 8/4 Yarn Unicolour 52 Lilac](#)
- [Infinity Hearts Rose 8/4 Yarn Unicolour 140 Mint Green](#)
- [Lammy Lurex Yarn 02 Gold](#)
- [Scheepjes Softy Yarn Unicolour 483 Light Pink](#)
- [Infinity Hearts Elastic 20mm](#)
- A small amount of [Wadding](#)

Abbreviations

mr = magic ring

dc = double crochet

sl st = slip stitch

dec = decrease (connect 2 stitches to 1)

inc = increase (2 dc in the same s)

ch = chain stitch

blo = back loop

flo = front loop

htr = half treble

tr = treble

Instructions

Outer mask (02 White)

Start with making 19 ch. Begin in the 2nd stitch from the hook.

1. 17 dc, 3 dc in the following s whereby you reach the opposite side of the chain stitches, 18 dc, inc (40)

2. 17 dc, inc 3 times, 18 dc, inc 2 times (45)

3. 1 dc, inc, 17 dc, inc, *1 dc, inc* repeat * to * 2 times, 17 dc, *1 dc, inc* repeat * to * 2 times (51)

4. 2 dc, inc, 18 dc, inc, *2 dc, inc* repeat * to * 2 times, 19 dc, inc, 2 dc, inc (57)

5. 3 htr, htr inc, 19 htr, *htr inc, 2 htr* repeat * to * 2 times, htr inc, 22 htr, htr inc, 2 htr, htr inc, 1 htr (63)

6. htr inc 4 times, 18 htr, htr inc 10 times, 23 htr, htr inc 8 times (83)

7. *1 tr, tr inc* repeat * to * 6 times, 4 htr, 8 dc, 4 htr, *1 tr, tr inc* repeat * to * 13 times, 4 htr, 8 dc, 4 htr, *1 tr, tr inc* repeat * to * 7 times, 1 tr (111)

8. *2 tr, tr inc* repeat * to * 6 times, 4 htr, 8 dc, 4 htr, *2 tr, tr inc* repeat * to * 13 times, 4 htr, 8 dc, 4 htr, *2 tr, tr inc* repeat * to * 7 times, 1 tr (137)

9. 2 tr, 2 htr, 2 dc, 1 sl st, cut the yarn and fasten off – this round does not go all the way around.

Now, switch to the colour 140 Mint Green

10. *3 dc, 3 ch* repeat all the way around, cut the yarn and fasten off.

Inner mask (Use 2 strands: 1 strand 02 White + 1 strand 483 Light Pink Softy Yarn from Scheepjes)

Start with making 19 ch. Begin in the 2nd stitch from the hook.

1. 17 dc, 3 dc in the following s whereby you reach the opposite side of the chain stitches, 18 dc, inc (40)

2. 17 dc, inc 3 times, 18 dc, inc 2 times (45)

3. 1 dc, inc, 17 dc, inc, *1 dc, inc* repeat * to * 2 times, 17 dc, *1 dc, inc* repeat * to * 2 times (51)

4. htr inc 3 times, 15 htr, htr inc 12 times, 15 htr, htr inc 4 times (70)

5. tr inc 6 times, 16 tr, tr inc 15 times, 16 tr, tr inc 7 times, 1 htr, 1 dc, 1 sl st (98)

Cut the yarn and leave a very long tail and ONLY weave in the plush yarn. You will use the white strand to sew the stitches together.

Ears (Use 02 White) - make 2 pcs.

1. 6 dc in a mr (6)

2. *1 dc, inc* repeat * to * 3 times (9)

3. 9 dc (9)

4. *2 dc, inc* repeat * to * 3 times (12)

5. 12 dc (12)

6. *1 dc, inc* repeat * to * 6 times (18)

7. -11. 18 dc (18)

12. *4 dc, dec* repeat * to * 3 times (15)

13.-14. 15 dc (15)

Cut the yarn, do not stuff, but push it flat and connect it at the bottom with the end strand.

Horn (Use 02 Gold from Lammy Lurex)

1. 6 dc in a mr (6)

2. 6 dc (6)

3. *1 dc, inc* repeat * to * 3 times (9)

4. 9 dc (9)

5. *2 dc, inc* repeat * to * 3 times (12)

6. 12 dc (12)

7. *3 dc, inc* repeat * to * 3 times (15)

8. 15 dc (15)

9. *4 dc, inc* repeat * to * 3 times (18)

10. 18 dc (18)

11. *5 dc, inc* repeat * to * 3 times (21)

12. 21 dc (21)

13. *6 dc, inc* repeat * to * 3 times (24)

14.-16. 24 dc (24)

Make 1 sl st after the last round, cut the yarn, leave a tail for sewing. Do not stuff the horn but sew it on flat.

Large flowers (Use 52 Lilac) - make 2 pcs.

Start with making 10 ch

Make 2 dc in the 2nd stitch from the hook

3 tr in each stitch

1 sl st in the last stitch

Cut the yarn and leave a tail for assembly.

Small flower (Use 52 Lilac)

Use lilac coloured yarn.

Start with making 5 ch

Make 2 dc in the 2nd stitch from the hook

3 tr in each s

1 sl st in the last s

Cut the yarn and leave a tail for assembly.

Leaves (Use 160 Light Green) - make 4 pcs.

Start with making 6 ch

1. *1 dc, 1 htr, 1 tr, 1 htr, 1 dc* repeat * to * 2 times – so, the same on each side of the chain stitches. Finish with a sl st.
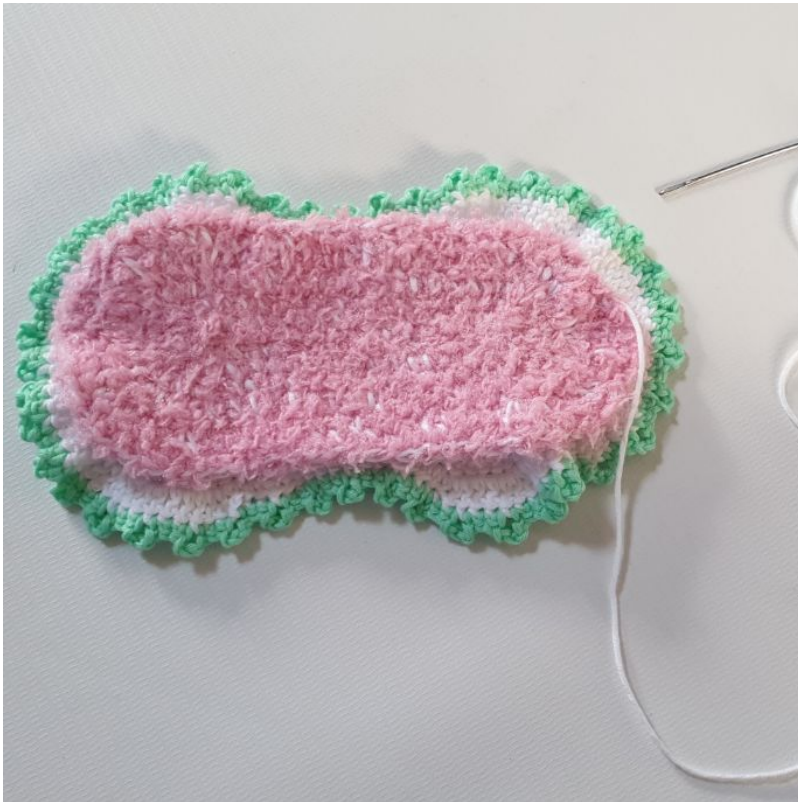
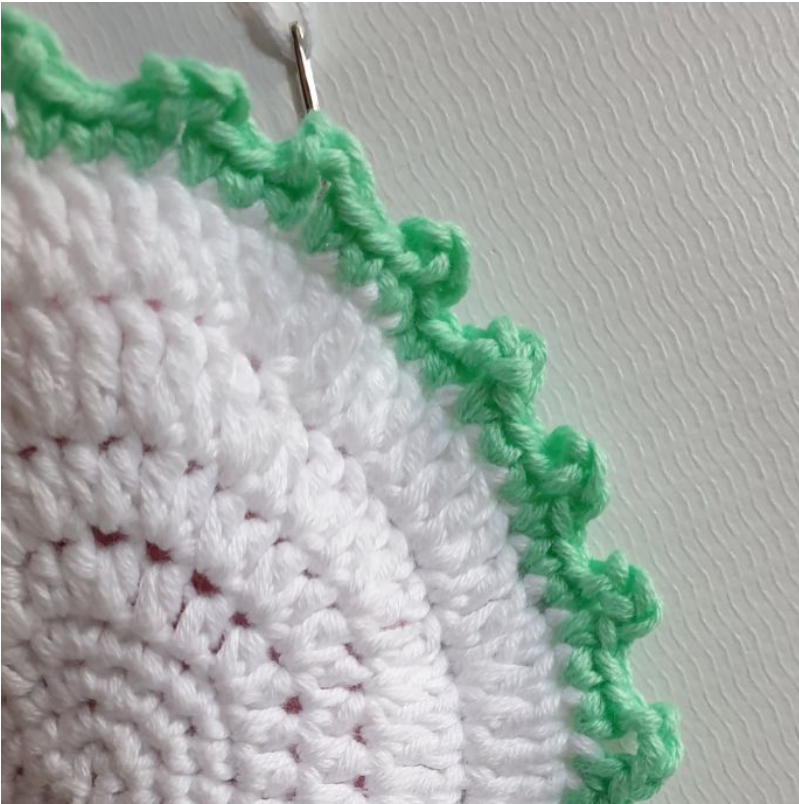Cut the yarn and leave a tail for assembly.

Assembly

Please read all of these instructions before starting the assembly. You start by sewing the inner mask onto the outer mask using the white yarn. Position the inside of the mask so that it cannot be seen on the outer mask. It is important not sew all the way through, as you will be able to see the stitching on the front of the outer mask - see the photo guide. Cut a 45cm elastic cord and sew it onto each side while sewing on the inner mask. Before sewing the masks together entirely, add a small amount of fibre stuffing in between the inner and the outer mask - makes sure that the mask does not bulge too much.

Now, you sew on the ears, horns, flowers and leaves. It might make it easier to place it all right, when attaching it on the mask with needles, and then sew on each part one at a time. When all parts are sewn on, you embroider the closed eyes. These are best made by measuring by the number of stitches so that they are placed with the same distance between them. Here, it might also be helpful to put needles as marks where each eyelash should be placed.

Now your sleeping mask is finished!

The crochet pattern is designed by Lena Printz in collaboration with Ritohobby.co.uk, and the tested by Annika Schnack-Jensen and Signe Elfriede Nielsen. I (Lena) would like to express my thanks to the test-crocheters for their help and to Ritohobby.co.uk for giving me this opportunity.

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