

## Free sewing pattern for ear warmer





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The polar fleece ear warmer is a lovely head accessory that is both soft and pretty. If you're interested in making a nice set to keep warm, you can also check out our [free sewing pattern for matching wrist warmers](#).

### **Material:**

- [1 piece of Polar fleece fabric](#) - this could be in the colour [024 Bottle green, for example](#)
- [1 piece of Polar fleece fabric](#) - it can be for example in the colour [013 Ochre](#)
- [Sewing thread](#) matching the fabric - for example [BSG Sewing thread 120 0272](#)
- [Sewing machine](#)



- Possibly an [overlocker](#) but it is not a necessity
- [Long ruler/patchwork ruler](#) - for example [this model](#)
- [Scissors](#)
- [Pins](#) or [clips](#) - used to hold the fabric in place
- [Chalk](#) or [coloured pencil](#)
- [Tape measure](#)
- If necessary [A4 paper](#)

## Procedure

1. Start by measuring the head that will use the ear warmer.
2. You can choose to draw a pattern on paper first, which you cut from the fabric, or you can use chalk/colour pencil to draw on the back of the fabric. Whichever you choose, the cut-out fabric should be 16 cm wide (seam allowance included) and have the length of the main measurement plus 2 cm for seam allowance. You can double-layer your fabric and cut half the main length plus 1 cm. You cut in one colour of fabric.
3. On the long side, fold right sides together and stitch all the way, BUT at both ends leave out 3-4 cm of stitching.





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4. Turn the headband so you have the right side out.
5. Place the ends of the headband **RIGHT SIDES** together and pin/clip the fabric together.





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**6.** Sew all the way across.

**7.** You now have a hole. Close this hole either on the sewing machine or with invisible stitches by hand.





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**8.** Cut a rectangle of 14 x 6 cm from the second fabric sheet.

**9.** Fold lengthwise right sides together and sew all the way.

**10.** Turn right side out and fold one end over about 1 cm on the wrong side.



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**11.** Tuck the other end in and sew with invisible stitches all the way around so the end stays down.





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**12.** Turn the stitches over on the back.



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